

Putting Children and Young People at the centre of all we do







### Strategic Plan

draft consultation version























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Young BwD Foundation is an organisation that grows, supports and enables place-based collaboration and partnerships focused on the needs of children and young people and the organisations that support them.

### **Our Story**

Young BWD Foundation is an exciting, new cross-sector partnership, creating a community of member and partner organisations working together to support children and young people across Blackburn with Darwen.

We want all children and young people in Blackburn with Darwen to have access to inspiring, local opportunities to help them to pursue their ambitions and be part of their community.

Core funding has been secured from the founder Young BWD Foundation members for the initial 12 months to enable us to secure additional funding and donations for our members so they can deliver more support direct to children and young people.

Our work is led and informed by the priorities identified by children and young people in Blackburn with Darwen.

The youth work sector in Blackburn with Darwen was facing an uncertain future. There was a significant reduction in grants and trust funding opportunities available. The result of this was increased workloads, a culture of competitiveness and less opportunity for young people.

With support from the Local Authority, local youth work organisations came together in 2018 to develop an informal collective call the Strategic Youth Alliance, agreeing to a MOU to create a joined up approach on how to overcome these challenges and best support the children and young people of Blackburn with Darwen.



The Strategic Youth Alliance worked really well, so much so, this has now been formalised with the setting ups of its own Young People's Foundation (Young BwD Foundation) with the help and support of the 11 founding members who offer a network of highly skilled and experienced youth work organisations with one common goal; To transform the lives of young people across Blackburn with Darwen and to create a strong, sustainable future for youth work services.

We will do this by collaboration, working together and acting as a forum for our members to exchange information and to identify gaps in services. This enables us to coordinate and deliver a borough wide youth service that truly represents the needs of children, young people and families in Blackburn with Darwen.

Our 11 member organisations have worked together with the Young People Foundation Trust to develop the Strategic Youth Alliance into a charitable incorporated organisation that's now equipped and prepared to build a sustainable future for youth work services.

The Young BwD Foundation has three broad clear objectives in the coming years for its members:

- Sustain youth work by equipping the next generation of youth workers with the skills and knowledge they need to support children and young people.
- Attract outside investment for youth work services within Blackburn with Darwen.
- Develop standards to enable the delivery of exceptional services for children and young people, delivered through by members.



Our vision is to create a world where every child and young person is empowered to have their voice heard and is provided with the support, they need to achieve happiness and thrive, regardless of their location or circumstances.

#### **Mission Statement**

At our organisation, our mission is to prioritise the needs and well-being of children and young people in all aspects of our work. We believe that every child deserves the opportunity to thrive, and we are committed to providing a safe and supportive environment that promotes their growth and development.

We aim to achieve our mission by putting children and young people at the core of all we do. We will work to understand their needs, provide the necessary support, and empower them to reach their full potential. We believe that by investing in the next generation, we are investing in the future of our communities.

We will work with families, schools, and other organisations to provide wraparound support that addresses the many challenges that children and young people may face. We will prioritise their physical, emotional, and mental well-being, and work to create opportunities that promote their growth and development.

Our organisation is committed to being inclusive, culturally sensitive, and responsive to the diverse needs of the children and young people we serve. We recognise that every child is unique, and we will work to provide tailored support that meets their individual needs.

At our organisation, we are driven by a passion for making a positive impact in the lives of children and young people. We believe that by working together, we can create a brighter future for the next generation.



#### **INCLUSIVITY:**

We believe that every child and young person deserves access to our services, regardless of their background or circumstances. We are committed to creating a welcoming and inclusive environment that celebrates diversity and promotes equality. We recognise and value the unique perspectives and experiences that every individual brings to our organisation.

#### **PARTNERSHIP:**

We believe that collaboration is essential to achieving our mission. We actively seek out partnerships with other organisations, individuals, and stakeholders to maximise our impact and reach. We believe in the power of collective action and strive to work together towards our shared goals.

#### **COLLABORATE:**

We believe that effective collaboration requires mutual respect, trust, and open communication. We work collaboratively with our partners and stakeholders to co-design and co-deliver our delivery programs and services. We recognise that collaboration is a two-way street and strive to be flexible and responsive to the needs of our partners.

#### **SUPPORTIVE:**

We believe that every child and young person deserves to be supported in their journey towards achieving their full potential. We provide a safe and supportive environment that promotes their physical, emotional, and mental well-being. We strive to provide wraparound support that addresses the many challenges that children and young people may face.

#### **OPEN AND TRANSPARENT:**

We believe in being open and transparent in our communication and decision-making processes. We are committed to providing timely and accurate information about our programs, services, and financials. We welcome feedback from our stakeholders and use it to continuously improve the quality and impact of our work.

#### **Thematic Themes**

In the vibrant community of Blackburn with Darwen, a place brimming with youthful energy and potential, a shared vision for the future of our children and young people is taking shape. At the heart of this vision lies the Young BWD Foundation, a dedicated Youth Foundation committed to improving outcomes for the young population in Blackburn with Darwen. Guided by known statistics and a deep understanding of the challenges they face, we have identified six key themes that demand our attention, focus and action:



- CRIME
- EDUCATION
- POVERTY
- EMPLOYMENT
- EMOTIONAL HEALTH

Our decision to focus on these six critical areas stems from a comprehensive analysis of the pressing issues that affect the lives of our vulnerable children and young people. By aligning the efforts of the Young BWD Foundation members with these challenges, we aim to forge a united front among local organisations and partners to work collaboratively towards a brighter future.

Within this long-term strategy, our primary goal is to support young people in Blackburn with Darwen as they navigate the path to success and fulfilment. We recognise that their journey requires multifaceted support, encompassing the development of skills and abilities, the acquisition of experiences that contribute to educational achievement and healthier lifestyles, the nurturing of resilience, self-esteem, and emotional well-being, the broadening of networks and the fostering of confidence, character, and skills, the establishment of better social and support structures, and, ultimately, the attainment of readiness for work and life.

To substantiate our strategic focus, let us delve into the key issues and challenges that have captured our attention. The area of **CRIME** demands urgent intervention, as Blackburn with Darwen contends with the third highest cost of crime in Lancashire. Furthermore, the prevalence of deliberate anti-social behaviour in our district demands concerted efforts to address root causes. Compounded by a higher-than-average young population, the need for comprehensive solutions becomes increasingly evident.

The realm of EHWB, reveals distressing statistics concerning bullying, mental health disorders, and social and emotional needs among our children and young people. These figures underscore the imperative to provide enhanced support and resources to bolster

their emotional well-being.

EDUCATION stands as a cornerstone of our thematic focus, recognising that it plays a pivotal role in shaping the futures of our youth. Our district faces challenges such as a higher rate of pupils with special educational needs, but we also celebrate higher attainment scores and a lower rate of disengagement among 16-17-year-old. By fostering an inclusive and supportive learning environment, we can empower our young minds to thrive academically and beyond.

The theme of **EMPLOYMENT** resonates strongly in our district, as Blackburn with Darwen grapples with a lower employment rate compared to the wider region. We are resolved to equip our young people with the skills, opportunities, and support needed to overcome this disparity and access a fulfilling career path.

**HEALTH** is an area that demands our unwavering attention. With higher rates of hospital admissions for violent crime and a lower life expectancy compared to the national average, it is imperative that we prioritise the physical and mental well-being of our young population. By addressing issues such as obesity, alcohol-related conditions, and the prevalence of speech, language, and communication needs, we strive to create a healthier environment for our children and young people to thrive.

Finally, the thematic area of POVERTY presents a number of challenges, as Blackburn with Darwen ranks among the most deprived districts in Lancashire. With a significant percentage of children living in low-income families and facing homelessness, we are determined to tackle the systemic issues that perpetuate this cycle of disadvantage. By addressing poverty head-on, we can provide a foundation of stability from which our young people can flourish.

#### **Thematic Outcome Framework**

As a Youth foundation committed to driving meaningful outcomes, we have developed six comprehensive theories of change closely aligned with our thematic areas of focus: crime, education, emotional health and well-being (EHWB), health, poverty, and employment. This approach is crucial because it allows us to strategically address the root causes of these societal challenges and implement targeted interventions for maximum impact.

By clearly defining the theories of change, we provide a roadmap for ourselves and our delivery partners, enabling a shared understanding of the desired outcomes and the pathways to achieve them. This alignment not only enhances the effectiveness of our programs but also fosters collaboration and synergy among our stakeholders. Furthermore, our well-structured theories of change enable us to teach and transfer knowledge effectively, empowering others to adopt similar approaches and achieve sustainable outcomes in their own contexts.



### **Strategic Focus**

#### Introduction

At Young BwD Foundation, we are dedicated to improving the lives of children and young people. That's why we have developed a comprehensive strategy that will guide our work and help us to achieve our mission more effectively. This strategy outlines our goals, objectives, and key activities, and ensures that our resources and efforts are focused on making the greatest possible impact on the children and young people we serve.

Our strategy is the result of a thorough planning process that involved input from stakeholders, members, staff, volunteers, donors, and partners. We believe that by developing a clear roadmap for our work, we can maximise our impact, ensure our activities are aligned with our mission, and better serve the needs of the children and young people that our members support.

By implementing our strategy, we will be able to allocate resources more effectively, improve our delivery programs and services, and build stronger partnerships across organisations and with stakeholders. We will also be better equipped to monitor and evaluate our impact and make necessary adjustments to ensure that the Young BwD Foundation are delivering the best possible outcomes for the children and young people we serve.

We are confident that our strategy will help us to make a meaningful difference in the lives of children and young people, and we are committed to continually reviewing and improving our approach to ensure that we remain effective and responsive to the needs of those we support. Thank you for your continued support as we work to make a positive impact on the lives of children and young people in our communities.

We have identified six key components that our strategy will focus on, over the next few years. These are set out below.

- INVOLVE
- INNOVATE
- IMPROVE
- IMPACT
- INFORM
- INCOME



#### **INVOLVE**

#### **Objective**

Ensure that children and young people are at the core of what we do and why we do it.

Young BwD Foundation believes that children and young people should be at the centre of everything we do. Engaging and involving children and young people in our work is not only important for ensuring that our delivery programs and services meet their needs, but it also helps to empower them, give them a voice, and promote their active participation in society.

By involving children and young people in our work, we are able to better understand their experiences, perspectives, and needs. We can use their insights to inform the development of our delivery programs and services, ensuring that they are relevant, effective, and impactful.



"By involving children and young people in our work, we are able to better understand their experiences, perspectives, and needs."

#### **Our Approach**

#### • Involve children and young people in the decision-making process:

Ensure that children and young people have a voice in the decisions that affect them. Involve them in the planning and development of our delivery programs, services, and activities.

#### • Create a safe and supportive environment:

Ensure that we create a safe and supportive environment where children and young people feel valued and respected. Develop policies and procedures that promote their safety and wellbeing.

#### Listen to and act on feedback:

Listen to feedback from children and young people and act on their suggestions. Ensure that their feedback is taken seriously and that changes are made based on their input.

#### • Develop delivery programs and services that meet their needs:

Ensure that our delivery programs and services are designed to meet the needs of children and young people. Consider their interests, skills, and experiences when developing our activities.

#### Provide training and support:

Provide training and support to staff and volunteers to ensure that they are equipped to work with children and young people effectively. This includes training on child protection, youthwork, EHWB, inclusion and engagement.

#### • Celebrate the achievements of children and young people:

Celebrate the achievements of children and young people to show that they are valued and that their contributions are recognised.

#### • Co-ordinate, collaborate with other organisations:

Co-ordinate, collaborate across organisations that work with children and young people to share knowledge, resources, and expertise. This will help you to develop more effective delivery programs and services.

#### **Outcomes**

- Increased membership to ensure we are reaching as many of BWD children and young people's organisations as we can.
- Increased opportunities for children / young people to tell us they feel safe, listened to, and are thriving and achieving their full potential.
- Improved Involvement with young people in the development of our services and delivery programs, to encourage their creativity and input and incorporate their feedback into our planning and implementation processes.

#### **INNOVATE**

#### **Objective**

Ensure we think out of the box, through creative partnerships, service solutions and delivery approaches.

As a children's charity, we recognise the importance of innovation in our work. By embracing new ideas, technologies, and approaches, we will achieve greater impact, reach more children and young people, and deliver better outcomes.

Innovation will allow us to respond to the complex challenges facing children and young people today, and to develop creative solutions that are tailored to their unique needs. By experimenting with new ideas, we can learn from our successes and failures, and continuously improve our delivery programs and services.

By thinking out of the box, collaborating with diverse partners, engaging young people, conducting research and experimentation, leveraging technology, and celebrating and sharing successes, we will develop creative partnerships, service solutions, and delivery approaches that have a real impact on the lives of the young people you serve.



"Innovation will allow us to respond to the complex challenges facing children and young people today."

#### **Our Approach**

#### • Encourage creativity:

Foster a culture of creativity within Young BwD Foundation. Encourage and supporting our members to think outside of the box and come up with new ideas for services and delivery programs.

#### • Collaborate with diverse partners:

Reach out to diverse partners from different sectors, such as education, healthcare, technology, and the arts. Collaborate with them to bring new perspectives and expertise our members and Young BwD Foundation.

#### Attend networking events and conferences:

Attend networking events and conferences to connect with potential partners, share knowledge, and learn about new trends and innovations in our field.

#### Engage young people in the process:

Involve young people in the development of our services and delivery programs. Encourage their creativity and input and incorporate their feedback into our planning and implementation processes.

#### Conduct research and experimentation:

Conduct research and experiment to identify new approaches to service delivery. Test new ideas and approaches to see what works and what doesn't and use data to inform our decisions.

#### Leverage technology:

Embrace technology to develop innovative solutions to the challenges facing young people. Use digital platforms to deliver services and engage with young people, and explore new technologies, such as virtual reality, artificial intelligence and digital platforms, to enhance your deliver programs and services.

#### **Outcomes**

- Increased new cross-sector collaboration between members, partners, and supporters.
- Increased access to shared venue and delivery spaces within our BWD YF network.
- Improved use of technology across BWD YF to engage with C&YP & develop innovative solutions to the challenges they face.

#### **IMPROVE**

#### **Objective**

Ensure a culture of continuous improvement in organisational development, services, and people.

Young BwD Foundation believes that a culture of continuous improvement is essential to achieving our mission of improving the lives of children and young people. By continually seeking to improve our delivery programs, services, and organisational practices, we can deliver better outcomes and ensure that we are making the greatest possible impact.

A culture of continuous improvement will allow us to remain agile and responsive to the changing needs of the children and young people we serve, as well as to the broader social and economic environment in which we operate. By actively seeking out feedback and insights from our stakeholders, we can identify areas for improvement and take proactive steps to make necessary changes.

A culture of continuous improvement will help us to remain accountable to our stakeholders and to uphold our commitment to transparency and effectiveness. By regularly measuring and reporting on our progress and impact, we can demonstrate our accountability to young people, communities, funders, donors, supporters, and the broader public.



"Continuous improvement will allow us to remain agile and responsive to the changing needs of the children and young people we serve."

#### **Our Approach:**

#### Set clear goals and targets:

Clearly define the foundations goals and objectives, both short-term and long-term. Establish specific, measurable, achievable, relevant, and time-bound (SMART) targets to monitor progress towards these goals.

#### Conduct regular evaluations:

Regularly evaluate the performance of our organisation, services, and people against these goals and targets. Use metrics and feedback from stakeholders to identify areas for improvement.

#### Encourage innovation and creativity:

Foster a culture that encourages creativity and innovation. Encourage members, young people, and partners to come up with new ideas and processes that can improve the effectiveness and efficiency of the Young BwD Foundation.

#### · Provide training and development opportunities:

Invest in the development staff through training, coaching, and mentoring. Provide opportunities for personal and professional growth and create a learning culture within our member organisations.

#### Encourage feedback and participation:

Encourage participation from all stakeholders, including employees, customers, and partners. Provide mechanisms for feedback and ensure that all feedback is taken seriously and acted upon.

#### Continuously monitor progress:

Regularly monitor progress towards your goals and targets. Make data-driven decisions based on the results of these evaluations.

#### Celebrate successes:

Celebrate successes and achievements to reinforce a culture of continuous improvement. Recognise and reward individuals and teams that contribute to the organization's success. explore new technologies, such as virtual reality, artificial intelligence and digital platforms, to enhance your deliver programs and services.

#### **Outcomes:**

- Increased new cross-sector collaboration between members, partners, and supporters.
- Increased access to shared venue and delivery spaces within our BWD YF network.
- Improved use of technology across BWD YF to engage with C&YP & develop innovative solutions to the challenges they face.

#### **IMPACT**

#### **Objective**

Ensure we can capture, evidence, and share the difference we make to improve the lives of children and young people.

Young BwD Foundation are committed to making a positive and measurable impact on the lives of children and young people. To achieve this, it is essential that we are able to capture, evidence, and share the difference we make through our delivery programs and services.

Capturing evidence of our impact helps us to understand what works and what doesn't, and to identify areas where we can improve. It also helps us to demonstrate our effectiveness to our stakeholders, including funders, donors, supporters, and partner organisations.

Capturing, evidencing, and sharing the difference we make is essential for achieving our mission of improving the lives of children and young people. We are committed to using robust monitoring and evaluation processes to capture and evidence our impact, and to sharing our learning and successes with others in the sector to drive positive change.



"Capturing evidence of our impact helps us to understand what works and what doesn't, and to identify areas where we can improve."

#### **Our Approach:**

#### Set clear outcomes and indicators:

Define clear outcomes and indicators that demonstrate the impact of your programs and services on the lives of children and young people. This will help you to measure and track progress over time.

#### Develop monitoring and evaluation systems:

Develop monitoring and evaluation systems to collect data on your outcomes and indicators. Use a mix of quantitative and qualitative methods to capture the impact of your programs and services on the lives of children and young people.

#### Use data to inform decision-making:

Use the data collected through your monitoring and evaluation systems to inform decision-making. Use the insights gained to improve your programs and services and to identify areas for further development.

#### Share success stories and case studies:

Share success stories and case studies that showcase the difference you are making in the lives of children and young people. Use these stories to inspire and engage stakeholders and to demonstrate the impact of your work.

#### Engage with stakeholders:

Engage with stakeholders, including young people, families, funders, and partners, to gather feedback on the impact of your programs and services. Use this feedback to refine your approach and to identify areas for improvement.

#### Use social media and other channels to share your impact:

Use social media and other communication channels to share your impact with a wider audience. Use infographics, videos, and other visual media to make your impact more accessible and engaging.

#### **Outcomes:**

- Enable BWD C&YP to feel safe, listened to, and are thriving and achieving their full potential through increased participation & consultation.
- Increased use of universal language around BWD Young Foundation objectives to ensure it is understandable to C&YP so they can set informed and realistic goals.
- Increase research and experiment to identify new approaches to service delivery.
  Test new ideas and approaches to see what works and what doesn't and use data to inform our decisions.

#### **INFORM**

#### **Objective**

Ensure we inform and contribute towards system change on a local and national level, to support strategic change.

Young BwD Foundation recognises that our mission to improve the lives of children and young people extends beyond the direct impact of our delivery programs and services. We understand that to truly create lasting change, we must contribute towards system change on a local and national level.

By informing and contributing towards system change, we can help to shape policies and practices that positively impact on the lives of children and young people. We can also help to address systemic issues and root causes of social problems that prevent children and young people from reaching their full potential.

By working at the system level, we can help to ensure that the needs and rights of children and young people are prioritised and integrated into policies and practices across sectors. This can lead to more effective and sustainable solutions, and ultimately, better outcomes for children and young people and to create lasting change for generations to come.

Informing and contributing towards system change is an essential component of our mission to improve the lives of children and young people. We are committed to using our expertise and resources to drive systemic change and to working collaboratively with others to create a better future for all children and young people.



"To truly create lasting change, we must contribute towards system change on a local and national level."

#### **Our Approach:**

#### • Conduct research and analysis:

Conduct research and analysis on the issues facing children and young people across Blackburn with Darwen. This will help us to identify gaps and opportunities for developing needs led services and system change opportunities.

#### Build coalitions and partnerships:

Coordinate and build coalitions and partnerships with other organisations and stakeholders that share our mission and vision. This will help us to amplify our voice and influence, and to leverage the funding, expertise and resources of others.

#### Engage with policymakers and decision-makers:

Engage with policymakers and decision-makers at the local and national level to raise awareness of the issues facing children and young people, and to advocate for policy and systemic change.

#### • Share data and evidence:

Share data and evidence on the impact of our delivery programs and services, and on the issues facing children and young people. Use this evidence to inform policy and systemic change, and to build credibility and trust with stakeholders and funders.

#### Participate in consultations and public inquiries:

Participate in consultations and public inquiries on issues related to children and young people. Use these opportunities to provide input and feedback, and to shape policy and systemic change.

#### Conduct advocacy campaigns:

Conduct advocacy campaigns on specific issues related to children and young people. Use social media, traditional media, and other communication channels to raise awareness and mobilize support for your cause.

#### Monitor and evaluate progress:

Monitor and evaluate progress towards policy and systemic change. Use data and evidence to demonstrate the impact of your advocacy efforts and to identify areas for further advocacy.

#### **Outcomes:**

- Increasing members' access to corporate partners and supporters
- Increase opportunities for members to form effective partnerships.
- Increase access for external stakeholders such as funders, corporate organisations, and MPs to information about local BWD C&YP organisations, services, structures and networks.

#### **INCOME**

#### **Objective**

Ensure sufficient investment in services to support children and young people and that they are sustainable.

Young BwD Foundations ability to make a positive impact on the lives of children and young people is dependent on our ability to generate sustainable income. Generating income not only to help fund our delivery programs and services, but also to enable us to invest in the long-term development and growth of the organisation.

Without sustainable income, we are unable to plan and deliver programs and services that meet the needs of the children and young people we serve. We would also be unable to invest in the development of our members staff and volunteers, or in the infrastructure and systems required to ensure the efficient and effective delivery of our services, even during times of economic uncertainty.

Young BwD Foundation understands that generating sustainable income is a critical part of our mission. We are committed to developing and implementing innovative fundraising strategies and diversifying our funding streams to ensure that we can continue to deliver high quality services and make a lasting impact on the lives of children and young people.



"We are committed to developing and implementing innovative fundraising strategies and diversifying our funding streams."

#### **Our Approach:**

#### Develop a comprehensive income generation strategy:

Develop a comprehensive income generation strategy that outlines how we plan to generate income to support our members delivery programs and services. Our strategy will include a mix of income generating activities, partnerships with businesses and other organisations.

#### Diversify your funding sources:

Diversify funding sources to reduce reliance on any one source of income. This will include seeking funding from a range of sources, including government grants, contracts, foundations, individual donors, and corporate sponsors.

#### Cultivate relationships with funders and partners:

Cultivate strong relationships with funders, donors and partners who share our mission and vision. This will include regular communication and engagement, recognition and appreciation of their support, and opportunities for involvement and participation in our deliver programs and services.

#### Develop a clear value proposition:

Develop a clear value proposition that articulates the value and impact of our delivery programs and services, using this to communicate the impact of our work to potential funders, donors and partners and to demonstrate the importance of investing in Young BwD Foundation.

#### Build a sustainable financial model:

Build a sustainable financial model that aligns with our mission and vision and ensures the long-term sustainability of our members delivery programs and services. This will include identifying opportunities for cost savings, increasing efficiencies, and investing in new revenue streams.

#### Monitor and evaluate financial performance:

Monitor and evaluate our financial performance regularly to ensure that our income generation strategy is effective and sustainable. Use data and insights gained to refine our approach and make necessary adjustments to achieve our goals.

#### **Outcomes:**

- Increasing members' access to corporate partners and supporters
- Increase opportunities for members to form effective partnerships.
- Increase access for external stakeholders such as funders, corporate organisations, and MPs to information about local BWD C&YP organisations, services, structures and networks.

### **Theory of Change**

Young BwD Foundation believes that every child deserves the opportunity to reach their full potential. That's why we have developed a Theory of Change with our partners, outlining our vision for how we can make a real difference in the lives of children and young people.

Our Theory of Change is a comprehensive framework that outlines our goals, objectives, and key activities, and demonstrates how we will work with our partners to achieve them. It takes into account the complex challenges that children and young people face and provides a roadmap for addressing these challenges through a holistic approach that involves education, health, social and emotional development, and more.

By implementing our Theory of Change, we will be able to achieve greater impact, by targeting our resources and efforts towards activities that we know will make a real difference. We will work closely with our partners to ensure that our delivery programs and services are responsive to the needs of the children and young people we serve, and that we are able to adapt and evolve our approach as circumstances change.

Our Theory of Change is based on rigorous research, evidence, and best practices in the field of child and youth development. By taking this approach, we are confident that we can achieve meaningful outcomes for the children and young people we support. We are committed to ongoing monitoring and evaluation to ensure that we remain effective and responsive to the needs of children and young people.

Through our Theory of Change, we are confident that we can make a real difference in the lives of children and young people. By working together with our partners and implementing a comprehensive, evidence-based approach, we can help children and young people to achieve their full potential and build a brighter future for all.



behaviour. Through tailored interventions, mentoring, skill-building, and access to support services, we aim to empower them toward positive Crime Objective: To effectively support at-risk children and young people, providing tools and opportunities to avoid criminalised pathways, fostering resilience and promoting community integration.

# Situation

Children and young people are at risk of entering and re-entering the criminal justice system due to various factors such as adverse childhood experiences, limited access to education and employment opportunities, exposure to violence and substance abuse, lack of positive role models, and systemic inequalities. These challenges contribute to a cycle of criminalised behaviour, hindering their potential for a successful and fulfilling future.

### Aims

To prevent young people at risk from entering the criminal justice system by providing targeted support, addressing root causes, and promoting positive

**Activities** 

Process

## mpact

### Inputs

# alternatives.

# Outcomes

# Impact

## Adequate funding and esources to support

targeted interventions and mentors, and facilitators. Skilled and trained staff, including counsellors,

providing targeted interventions and support services to address

screening and assessment,

risk factors and foster positive Positive Youth Development:

development.

- Collaborative partnerships with community
- Accessible and appropriate facilities and spaces for agencies, and schools. organisations, justice
  - Evidence-based practices and intervention models delivering interventions. tailored to the needs of
- from families and caregivers in the intervention process. Continuous evaluation and monitoring of programs to Engagement and support at-risk young people.

ensure effectiveness.

- apprenticeships to enhance employability. Early Intervention and Prevention: Identify at-risk youth through
- Strengthen family relationships through counselling and
- alternatives to custody. Opportunities:

engagement and community

- Education and Skill Development: education that provides pathways access to vocational training, skill to success, while also granting development programs, and Deliver engaging, relevant participation.
- with community organisations for parenting programs; collaborate Family and Community Support: comprehensive support services. accountability, and advocate for practices, repair harm, foster **Employment and Economic** Promote restorative justice Restorative Justice and Alternatives:

Foster resilience, self-esteem, and

counselling, mentoring, and

extracurricular activities; encourage pro-social

positive identity through

employment access, and financial economic stability and reduce literacy programs to promote Facilitate job training, disparities.

- Improved life chances, breaking cycle of criminal behaviour. entering the criminal justice system. Decreased rates of young people Lower recidivism rates among
- Safer community through reduced social well-being through positive crime rates and increased safety. Enhanced community cohesion, individuals with prior involvement in Increased educational attainment
- 'esources, services linked to justice Reduced strain on community youth engagement.

Enhanced skills and competencies

prospects for young people.

and improved employment

the justice system

Improved family relationships, communication, and support

for long-term success.

- coordination among service providers for holistic youth Enhanced collaboration, nvolvement.
- esources by diverting youth from Reduced strain on public support.

Improve self-esteem, resilience, and

positive decision-making skills

among young people.

social skills.

Increased community cohesion,

networks.

safety, and social well-being.

- esource use through prevention Sustainable, cost-effective ustice system.
  - programs. Increased access to youth services to strengthen support networks &

## **Assumptions** Rationale &

factors reduces the risk of entry. Collaboration among stakeholders is vital for sustainable change. Empowering Every young person has potential for change and can avoid the criminal justice system. Addressing underlying oung people and providing growth opportunities are crucial for breaking the cycle.

success. By providing targeted interventions, access to quality education, tailored support systems, and fostering collaboration among schools, Education Objective: To reduce the risk of children and young people achieving poor educational attainment and promote academic families, and community stakeholders, empower and equip them with the necessary tools for academic achievement and long-term success.

## Situation

resources and support, socioeconomic disparities, learning disabilities, lack of parental involvement, and exposure to adverse environments that hinder Children and young people are at risk of poor educational attainment due to various factors, including inadequate access to quality education, limited their academic progress and achievement.

### Aims

To improve educational attainment and success among young people at risk of poor academic performance by providing targeted support, fostering a positive learning environment, and promoting educational opportunities.

### Inputs

# Outcomes

# mpact

# **Activities**

# Process

Young people have greater self awareness of their own learning including STEM, arts, literature, and entrepreneurship.

> small-group tutoring sessions Targeting specific subjects or

Deliver one-on-one or

experiments, creative projects, experiences through science Provide hands-on learning aspirations.

enhance learning strategies and

coaches who provide guidance,

Pair students with mentors or

materials, and technology to

enhance educational

experiences.

nterventions and support.

Adequate resources,

who can provide targeted

Offer academic workshops and

areas of difficulty.

interventions and programs. Frained staff and educators

education and learning

resources to support

Sufficient funding and

study/homework groups to

styles, strengths, abilities &

such as clubs, sports teams, and Offer extracurricular activities cultural programs to foster and interactive activities.

> sessions focusing on goal setting, academic planning, and personal

Conduct regular mentoring

motivation, and support.

- Conduct workshops and seminars to educate parents about ways to support their children's holistic development
- Enhanced creativity and innovative Increased resilience and ability to Improved ability to set goals and overcome academic challenges. work towards achieving them. decision-making abilities. educational journey.

guidance to help students align

their educational goals with

Evidence-based practices

facilities.

and intervention models

tailored to the specific

Offer career exploration and

development.

organisations, and families.

Accessible and inclusive nealthcare services and

Collaborative partnerships

with schools, community

# and opportunities for future success Improved educational attainment

**Impact** 

- and understanding of their child's Increased parental involvement
  - Reduced educational disparities outcomes at a community level. collaboration and partnerships Increased opportunities for and improved educational

Strengthened emotional well-being

communication, and teamwork

Improved social skills,

- among community stakeholders. Identification of successful
- Potential for systemic change and strategies and approaches to support students at risk.

reduced absenteeism and exclusion

Improved school attendance,

critical thinking skills.

Improved problem-solving and

Enhanced literacy, numeracy, and

belief in their academic abilities.

Enhanced self-confidence and

and positive mental health

- alternative provision and targeted improved support for all learners. Enhanced understanding of interventions.
- partnerships and communication. people in community projects. Active engagement of young Strengthened parent-school

## **Assumptions** Rationale &

Continuous evaluation and monitoring of programs to

ensure effectiveness.

seminars on various subjects,

education needs of young

people at risk of poor

attainment.

Organise workshops and

future aspirations.

Every young person possesses the inherent potential for academic success and should have equitable access to earning and positively impact educational outcomes. Tailored interventions and robust support systems can effectively address the specific challenges faced by young people at risk. We believe Collaboration among high-quality education. We believe that through early intervention and support, we can address barriers to schools, families, and communities enhances interventions, supporting academic achievement effectively.

thinking.

#### 26

support, and resources. By promoting resilience, self-esteem, and positive coping mechanisms, the project aims to foster a nurturing environment EHWB Objective: To enhance the emotional health and well-being of children and young people by providing targeted interventions, that contributes to their overall emotional well-being and enhances their ability to navigate life's challenges successfully

# Situation

Many children and young people face the challenge of poor emotional health and well-being, experiencing feelings of stress, anxiety, and low self-esteem. This impacts their ability to cope with daily life, form healthy relationships, and reach their full potential, highlighting the urgent need for targeted support and interventions to improve their emotional well-being.

### Aims

To improve the mental health and well-being of young people at risk of poor mental health by providing targeted support, promoting resilience, and fostering a supportive environment.

# **Activities**

# Outcomes

## mpact

### nputs

### Early Identification & Assessment: Screen and assess at-risk youth to identify mental health concerns Process

- Support: Access evidence-based understanding of mental health Individualised Treatment & interventions, counselling, peer networks, and family Psycho-education & Awareness:
- Resilience Building & Coping stress management, self-care, Skills: Facilitate programs on needs, empowering active participation in well-being. and emotional regulation. Promote healthy coping

interventions to address specific

therapy, and support. Tailor

Provide mental health info and

mental health professionals

Well-trained and qualified

counsellors, and therapists

including psychologists,

Collaborative partnerships

with schools, healthcare

and individual needs.

esources to support mental

Sufficient funding and

health interventions and

accessibility, timely interventions, Increase mental health service mproved Access to Support: and help-seeking navigation. strategies

in community settings for children

and youth. Collaborate with

healthcare providers for

integrated care, ensuring timely

tailored to the specific needs

of young people at risk. Parental and caregiver

Enhanced social connections,

nvolvement and support in

Continuous evaluation and monitoring of programs to

ensure effectiveness.

the intervention process.

Positive Social Support:

support access.

Establish mental health services

Accessible & Integrated Services:

communities on recognizing young people, families, and

signs of poor mental health.

organisations, and families.

oroviders, community

Accessible and inclusive

mental health services and

acilities.

Evidence-based practices

and intervention models

empower help-seeking. Educate

awareness, reduce stigma, and

workshops to promote

### Increase the utilisation of available issues. understanding of mental health Increase the awareness and among young people.

mpact

recognise and manage their mental Enhance young people's ability to nealth needs.

mental health services and

- Reduce barriers to accessing mental Improve coping skills and resilience in at-risk young people.
  - Improve the overall well-being and Reduce the negative impact of quality of life for at-risk young health support services.
- performance and social functioning. Increase the engagement of young mental health issues on academic self-management of their mental people in self-care and

- Improve early identification and intervention for mental health
- Reduce the burden on healthcare Increase social support networks and community engagement for services, resource allocation. young people resources.
  - Foster sustainable collaborations to provide ongoing support and
    - Enhance the coordination and integration of mental health services for young people. prevention efforts.
- mental health support for young evidence-based practices in Improve implementation of people.

## **Assumptions** Rationale &

Early intervention and targeted support can prevent or mitigate the development of mental health issues, while outcomes. Collaboration among families, schools, healthcare providers, and community organisations is crucial empowering young people to develop coping strategies and resilience contributes to positive mental health for achieving sustainable change.

#### 27

employment and a sustainable future. By providing tailored interventions, training programs, and access to employment opportunities, we aim to **Employment Objective:** To support NEET young people in acquiring the skills, resources, and opportunities needed for meaningful empower them to become self-sufficient, engaged members of the workforce.

# Situation

sustainable future are complex, limited access to education, training, lack of work experience, socio-economic barriers, and inadequate support systems The challenges faced in supporting NEET young people to acquire the necessary skills, resources, and opportunities for meaningful employment and a contribute to disengagement. Additionally, changing labour market demands and economic uncertainties further complicate pathways to employment.

### Aims

To empower and support young people who are unemployed and not in education, employment, or training (NEET) to acquire the necessary skills, resources, and opportunities for meaningful employment and a sustainable future.

### Inputs

# **Activities**

# mpact

Outcomes

# Process

### Encourage employers to provide internships, job-shadowing, self-confidence Offer mentoring, counselling, and interests, strengths, and potential

career guidance to identify

resources to support targeted

Adequate funding and

interventions and programs. Skilled and dedicated staff

### Provide job readiness training, including CV writing, interview on-the-job training, and mentoring programs.

and networking events to explore skills, job search strategies, and employment services, job fairs, Connect young people with workplace professionalism.

communication, problem-solving,

employability skills, such as

programs to develop key

experience and expertise in

working with NEE<sup>T</sup>

and volunteers who have

Deliver targeted training

career paths.

Foster entrepreneurial skills and mindset through training, mentoring, and business development support. career opportunities.

Holistic support that goes beyond

employment and education, addressing the multifaceted

stress management, resilience ouilding, self-care, and coping

educational institutions,

collaborations with

Partnerships and ndividuals.

employers, community

organisations, and

Deliver EHWB workshops on

and digital literacy.

enhance employability skills, such

Offer training programs to

as communication, teamwork,

problem-solving, and

needs of children and families Evidence-based interventions

that address the unique

Continuous evaluation and monitoring of programs to

n poverty.

ensure effectiveness.

needs of NEET young people.

specific needs and challenges

of NEET young people

services that address the

Tailored programs and

government agencies.

### Greater optimism, motivation, and belief in their potential for a fulfilling future. Improved mental health, reduction levels among NEET young people. in stress, anxiety, and depression

Impact

- nvolvement and communication Strengthened family bonds and support systems through active Greater participation of NEET young people in community
- activities and initiatives.

Development of essential skills and

self-esteem, self-confidence, and Enhanced well-being: Increased

overall emotional well-being.

Increased Employability:

Increased long-term employment prospects for NEET youth. opportunities and career

of NEET young people re-engaging

in education, training, or

employment.

Successful Transitions: Higher rates

employment or further education.

knowledge for successful

welfare and improving their overall Enabling NEET young people to become financially independent, reducing their reliance on social economic well-being.

Creation of a supportive peer

network, reducing feelings of Improved ability to cope with

loneliness and isolation

# Rationale &

Every young person has the potential to contribute to the workforce and lead a fulfilling life through targeted interventions and support, by addressing barriers to employment and creating positive pathways, young people can overcome challenges. Collaboration among government agencies, educational institutions, employers, and community organisations is crucial for success.

challenges-and setbacks, promoting

ong-term resilience.

# **Assumptions**

promoting healthy lifestyles, providing access to nutritious food, facilitating regular physical activity, ensuring affordable and accessible healthcare **Health Objective:** The objective is to reduce the risk of children and young people developing poor physical health conditions by services, and creating supportive environments that prioritise their physical and prevent the onset of health issues.

# Situation

inadequate healthcare, lack of physical activity opportunities, and exposure to harmful substances. These conditions contribute to the development of Children and young people are at risk of poor physical health due to various factors such as sedentary lifestyles, limited access to nutritious food, nealth issues, compromising their overall well-being.

### Aims

To improve the physical health and well-being of young people at risk of poor physical health by providing targeted interventions, promoting healthy behaviours, and creating supportive environments.

### Inputs

# **Activities**

# Outcomes

mpact

mpact

Process

### Conduct assessments to identify physical health needs and risk factors among children and onng people resources to support physical health interventions and Sufficient funding and

mental health professionals, Well-trained and avalified ncluding psychologists,

Refer individuals to appropriate

specialists for further evaluation

nealthcare providers and

- organisations, and families. counsellors, and therapists Collaborative partnerships with schools, community
  - Accessible and inclusive nealthcare services and facilities.

activity, hygiene, and preventive

through workshops, interactive

sessions, and community

Promote healthy behaviours

programs on nutrition, physical

Deliver engaging and

and intervention.

Evidence-based practices physical health needs of and intervention models tailored to the specific Parental and caregiver voung people at risk.

sessions to support children and

Information and educational

campaigns.

young people to make healthy

food choices.

nvolvement and support in Continuous evaluation and monitoring of programs to oromoting physical health

### activities, sports, and recreational regular exercise and active play. opportunities to encourage Offer structured physical

- meals, snacks, and educational resources on healthy eating Provide access to nutritious habits. age-appropriate health education
- amilies to ensure comprehensive community organisations, and healthcare agencies, schools, Develop partnerships with
- Strengthened family relationships Improved physical health indicators cardiovascular fitness, and overall such as weight management, well-being.
  - awareness of healthy behaviours, informed decisions about their empowering them to make Enhanced knowledge and health.
- self-efficacy, and resilience to Increased self-confidence, overcome physical health challenges.
- physical health in overall well-being. understanding of the importance of Improve family awareness and
- promoting healthy behaviours and Improved family engagement in person's physical health journey. supporting the child or young
- Increased community awareness of physical health and its impact through shared activities and environments that prioritise healthy lifestyle practices. on overall quality of life. Creation of supportive
- early intervention and preventive resources and services through Reduced strain on healthcare healthier and more active communities. measures.

physical health, leading to

outcomes for children and young people, reducing the need for intensive health and medical Improved long-term health nterventions.

## **Assumptions** Rationale &

ensure effectiveness.

empowering young people to adopt healthy behaviours has a long-term impact on their physical well-being. Additionally, creating supportive environments that facilitate access to healthcare and physical activity promotes By providing every young person with the opportunity to lead a healthy and active life through early intervention and health promotion can prevent the development or progression of physical health issues. Educating and positive health outcomes.

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Poverty Objective: To reduce the number of children and young people living in poverty by implementing comprehensive interventions.

These include providing access to quality education, skill development programs, and employment opportunities. Strengthening social safety nets, and addressing systemic barriers will contribute to breaking the cycle of poverty and improving their overall well-being

# Situation

opportunities, family financial instability, lack of essential resources, and systemic inequalities. These challenges can restrict their opportunities for social Children and young people are at risk of living in poverty due to various factors, including inadequate access to education, limited employment mobility, hinder their well-being, and perpetuate cycles of poverty.

### Aims

To break the cycle of child poverty and improve the well-being and opportunities for young people living in impoverished conditions by providing comprehensive support, addressing systemic barriers, and promoting empowerment.

### Inputs

Activities

Outcomes

# mpact

### such as food, housing, clothing, Access to essential resources and healthcare services. Process

financial literacy training, and

government agencies to provide Collaborate with community organisations, charities, and

targeted interventions and

resources to support

Adequate funding and

Skilled staff members with

immediate support.

reduction, social work, and

expertise in poverty

Collaborative partnerships

with community

relationships and support families

in creating nurturing home

environments.

Foster positive parent-child access to support networks.

> to the needs of young people in Provide quality education that is inclusive, engaging, and tailored poverty.

mental health, and social services.

Collaborate with

of poverty, including health

community-based organisations

to offer comprehensive support

Promote financial literacy and

that address multiple dimensions

Coordinate integrated services

- Provide resources and guidance to help parents navigate social
  - Promote skill development and vocational training to enhance services, access benefits, and secure stable employment.

Evidence-based interventions

delivering interventions. that address the unique

facilities and spaces for

Accessible and appropriate

organisations, agencies,

ousinesses and schools.

economic empowerment among

young people and their families.

Provide positive role models and

mentors who can inspire and

employability and financial

guide young people. and social cohesion

> Strengthen parental capacity through parenting programs,

> > from families and caregivers

**Engagement and support** 

needs of children and

families in poverty.

n the intervention process. Continuous evaluation and monitoring of programs to

### Reduced poverty rates and improved socio-economic conditions.

contributing positively to society

**Empowered young people** 

mpact

Decreased reliance on welfare systems and public assistance.

> health among young people living Enhanced physical and mental in poverty.

Reduced strain on social services

- Increased self-esteem, social skills, and resilience to overcome adversity.
- Increased educational achievement, Reduced exposure to adverse increased overall well-being. childhood experiences and

Increased income potential and

economic independence. intergenerational poverty.

through breaking the cycle of

Long-term societal benefits

and community resources.

Reduced income inequality and

social exclusion.

- higher graduation rates, and access Expanded opportunities for skill development and vocational to higher education.
- Enhanced social support networks Reduced risk of health conditions and community connections. associated with poverty
  - Increased educational and career opportunities, leading to
  - ong-term economic stability.

Increased community cohesion and

social inclusion.

Promote community engagement

## **Assumptions** Rationale &

ensure effectiveness.

factors reduces the risk of entry. Collaboration among stakeholders is vital for sustainable change. Empowering Every young person has potential for change and can avoid the criminal justice system. Addressing underlying oung people and providing growth opportunities are crucial for breaking the cycle.

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